

Nelson County Resource Guide for Parents and Children

Nelson Community Wellness Alliance
(NCWA)

General Information:

General Emergency (Police, Rescue, or Fire)

Phone: 911

Child Protective Services Hotline

Phone: 800-552-7096

Nelson County Sheriff

Phone: 911 (emergency)

434-263-7050 (non-emergency)

877-570-8477 (anonymous tip line)

National Suicide Prevention Lifeline

Phone: 800-273-8255 (24 hour assistance)

**Region Ten Emergency Services
(Mental Health Crisis Hotline)**

Phone: 434-972-1800

**Runaway Emergency Services
Program**

Phone: 800-222-1222

**Sexual Assault Resource Agency
(SARA)**

Phone: 434-977-7273

**Shelter for Help in Emergency
(domestic violence)**

Phone: 434-293-8509

**Virginia Suicide Crisis and
Prevention Hotline**

Phone: 800-784-2433

2-1-1 Virginia

Phone: 911 (emergency)

211 (information)

Services Offered: When you dial 2-1-1, a trained professional listens to your situation and suggests sources of help using one of the largest databases of health and human services in Virginia.

Social Services

**Nelson County Department of Social
Services**

Address: P.O. Box 357 (mailing)

203 Front St.

Livingston, VA 22949

Phone: 434-263-7160

Hours: Mon-Fri: 8AM-4PM

Services Offered: Nelson County DSS offers financial and social services such as SNAP (food stamps), TANF, childcare, Medicaid, Virginia Initiative for Employment, and Fuel and Energy Assistance. This office also oversees foster care, child protective services, and adult protective services

**Nelson County Child Protective
Services**

Address: P.O. Box 357 (mailing)

203 Front St.

Livingston, VA 22949

Phone: 434-263-7160

Hours: Mon-Fri: 8AM-4PM

Services Offered: Under Nelson County DSS, they serve children under the age of 18. They offer a variety of health, social, and legal guidance to stop and prevent further mistreatment of these children

Child Protective Services Hotline

Phone: 800-552-7096

Hours: 24 hours / 7 days a week

Services Offered: A 24 hour, toll free hotline to report suspected abuse, neglect, and exploitation of children as well as provide crisis counseling and intervention as needed.

Region Ten Community Services Board

Address: 71 Tanbark Plaza

Lovingston, VA 22949

Phone: 434-263-4889

434-972-1800 (24 hour hotline)

Services Offered: Offers many options for self-help, support groups, intensive outpatient program and many community outreach programs. Charges vary with income.

Al-Anon and Alateen

Phone: 434-972-7011

Hours: 24hrs/7days

Services Offered: Support group for families and friends of alcoholics. They run alateen, a support group specifically for affected young people.

Mental Health Services

Crisis Text Line

Text HOME to 741741 from anywhere in the United States, anytime, about any type of crisis. A live, trained Crisis Counselor receives the text and responds, all from our secure online platform. The volunteer Crisis Counselor will help you move from a hot moment to a cool moment.

National Suicide Prevention Lifeline

Call 1-800-273-8255, Available 24 hours everyday

Region Ten Community Services Board

Address: 71 Tanbark Plaza

Lovingston, VA 22949

Phone: 434-263-4889

434-972-1800 (24 hour hotline)

Services Offered: Offers many options for self-help and support groups as well as an intensive outpatient program and many community outreach programs. Charges vary with income.

Ready Kids

Address: 1000 East High St.

Charlottesville, VA

Email: info@readykidscville.org

Phone: 434-296-4118

434-972-7233 (teen crisis hotline)

Hours: Mon-Thurs: 8:30AM-6:00PM

Fri: 8:30AM-12:30PM

Services Offered:

Serves children and youth and their families. They provide programs for children such as an early literacy program, a life skills program, and childcare. They provide counseling and temporary shelter for survivors of abuse, their family members and for teens at risk of running away. Additionally they provide training, workshops, and support groups for parents.

Seven Cups (online support)

www.7cups.com

Free, anonymous and confidential online text chat with trained listeners, online therapists & counselors.

The Women's Initiative

Address: 1101 East High St. Suite A
Charlottesville, VA 22902

Email: info@thewomensinitiative.org

Phone: 434-872-0047

Hours: Mon-Fri: 9AM-5PM

Services Offered: Provides underinsured and uninsured women with individual counseling, free social support groups, as well as community outreach and education. Services are available in both English and Spanish and a free walk in clinic is available at various locations. An updated schedule is available by calling or at thewomensinitiative.org. Charges vary with income.

Parenting Services

Nelson County Autism Support Group

Address: Nelson County Library
8521 Thomas Nelson Hwy,
Lovingson, VA 22949

Contact: NelsonAutismGroup@gmail.com

Meetings: 3rd Tuesday of each month,
7PM

Group: This group is for parents, caregivers and professionals who work with individuals with Autism Spectrum Disorder. We provide monthly support meetings to learn, share and encourage each other.

Side by Side

Address: 1204 W. Main St,
Charlottesville, VA 22903

Email: mary.sullivan@sidebysideva.org
info@sidebysideva.org

Phone: 434-987-8975 (support group)
804-644-4800 (main office)
888-644-4390 (24 hour hotline)

Services Offered: Offers a local support group in Charlottesville for LGBTQ+ youth

ages 14-20 on Mondays from 6:30-8:30PM. The main center in Richmond also provides counseling, support, scholarships, and other services for LGBTQ+ youth as well as training sessions to increase awareness and education within the general community.

Health Services

Nelson County Health Department

Address: 4038 Thomas Nelson Hwy
Arrington, VA 22922

Phone: 434-263-4297

Hours: Mon-Fri: 8AM-4:30PM

Services Offered: They offer medical services such as immunizations, family planning, sexual health, TB testing, and WIC nutrition as well as additional services such as environmental health, and emergency preparedness.

Home/Family Services

Creciendo Juntos

Address: PO Box 184
Charlottesville, VA

Email: coordinator@cj-network.org

Services Offered: A leading Latino advocate providing year round workshops, forums, and resources for Latinos and Latino-serving organizations.

Nelson County Pantry

Address: 9890 Thomas Nelson Hwy.
Lovingson, VA 22949

Phone: 434-263-6694
434-202-4283 (voicemail)

Hours: Distribution usually begins at 9:30AM the last Saturday of the month. Distribution is moved to the 2nd to last Saturday in November and December

Services Offered: Be sure to bring proof of residency and income if you wish to receive more than food provided by the USDA. For an up to date distribution schedule visit

www.NelsonCountyPantry.org

MACAA (Monticello Area Community Action Agency) – Hope House

Address: 1025 Park St.

Charlottesville, VA 22901

Email: n_kidd@macaa.org

Phone: 434-295-3171 ext. 3021

Hours: Mon-Fri: 9AM-5PM

Services Offered: The Hope House program offers housing and intensive case management for up to four families facing homelessness at a time.

MACAA (Monticello Area Community Action Agency) – Rural Outreach

Address: 8445 Thomas Nelson Hwy

Lovingston, VA 22949

Phone: 434-263-8119

Hours: Thurs, Fri: 9AM-4PM

Services Offered: A MACAA office in Nelson County provides emergency assistance to families by providing them with food, clothing, and financial resources to cover rent or utility costs

United Way – Thomas Jefferson Area

Address: 806 East High St.

Charlottesville, VA 22902

Email: UnitedWayTJA@UnitedWayTJA.org

Phone: 434-972-1703

Services Offered: Offers information and referral for assistance through financial crisis.

Unity in Community

Email: nelsonuic@gmail.com

Phone: 434-361-0370

Services Offered: UIC offers emergency

financial assistance for basic necessities such as rent, groceries, medical co-pays, and utility assistance.

UIC offers emergency financial assistance for basic necessities such as rent, groceries, medical co-pays, and utility assistance. There is also free clothing, appliances, household items, and furniture to those in need.

Through the Dental Assistance Program, they aim to make dental care affordable to low income Nelson County residents providing both assistance and transportation. They also provide financial assistance for medical needs such as vision and hearing needs.

Transportation Services

Jaunt Inc

Address: 104 Keystone Place

Charlottesville, VA 22902

Email: info@ridejaunt.org

trips@ridejaunt.org (reservations)

ada@ridejaunt.org (ADA services)

Phone: 434-296-3184

Ext. 120 (Spanish)

Services Offered: Jaunt is a regional public transportation system offering both fixed routes and door-to-door service at affordable prices. They also help to coordinate free rides for residents with disabilities. For more information or an updated schedule call or visit ridejaunt.org